

Virtual Enrichment



NASA

Nasa offers free virtual tours of the [Langley Research Centre](#) in Virginia, as well as of Ohio's [Glenn Research Centre](#). The Space Centre Houston also has an [app](#) that provides virtual tours, augmented reality experiences, and videos and audio stories about space exploration.



The Google Art Project

To help its users discover and view important artworks online in high resolution and detail, Google partnered with more than 1200 cultural institutions from around the world to archive and document priceless pieces of art and to provide virtual tours of museums using Google Street View technology. The [Google Art Project](#) features fine art from the White House, the Museum of Islamic Art in Qatar, and even São Paulo street art from Brazil. [Here's a complete list of museums you can visit virtually.](#)



San Diego Zoo [Link to Zoo](#)

The San Diego Zoo and Safari Park may be closed for now, but it's business as usual for the animals of San Diego Zoo Global and the crew of wildlife care specialists that are looking out for them—and you can stay connected with virtual visits anytime you want! [Live Webcams](#) include Apes, Baboons, Owls, Elephants, Giraffes, Koalas, Penguins, Tigers and Pandas

Prayer Spaces

Covid-19 Prayers These activities have been developed to be used at home during the coronavirus pandemic.

| Introduction | Keep Me Safe | Keep Others Safe |
|---|---|--|
| <p>Coronavirus disease 2019 (COVID-19) is a respiratory illness that can spread from person to person. It was first identified in Wuhan, China, at the end of 2019, but it quickly spread around the world.</p> <p>To protect themselves from catching the disease, people can:</p> <ul style="list-style-type: none">- Avoid close contact with people who are sick- Avoid touching your eyes, nose, and mouth- Wash your hands often with soap and water for at least 20 seconds. Use an alcohol-based hand sanitizer that contains at least 60% alcohol if soap and water are not available <p>Christians believe that prayer makes a difference too.</p> <p>These prayer activities were adapted from various sources (including 24-7 Prayer) to enable people to reflect and express their hopes and prayers at home. (They can also be used in schools, of course.)</p> | <p>Equipment: water, soap</p> <p>Set Up: You could do this simple activity every time you wash your hands in a sink.</p> <p>Suggested Instructions:</p> <p>Using soap and water, thoroughly wash your hands for at least 20 seconds. As you wash your hands, think about how you feel about the coronavirus disease. If you want to, you can say a hope or a prayer for safety.</p> <p>Psalm 46:1 "God is our refuge and strength, a very present help in trouble."</p> | <p>Equipment: tissues/toilet roll, pens</p> <p>Set Up: You could do this activity at a table, maybe with your family. Or in your bedroom.</p> <p>Suggested Instructions:</p> <p>Tissues are fragile. They tear easily. Think about someone you know, or groups of people (e.g. those who are elderly or homeless) who may feel 'fragile' or vulnerable. If you want to, you can write or draw a hope or a prayer for them onto one of the tissues. Keep the tissue in your pocket or put it beside your bed to remind you to keep these people in your thoughts and prayers.</p> |

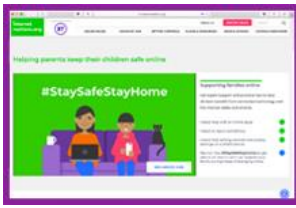


Prayer Spaces in Schools have created a wide range of resources and activities for use by families at home during the coronavirus pandemic.

[Link to downloadable PDF activities](#)

[Link to Covid-19 Prayers](#)

Staying Safe Online



[Internet Matters - General and Age Specific Advice for Parents/Carers](#)



[UK Safer Internet - Advice for Parents/Carers](#)



[NSPCC - Net Aware](#)



[NSPCC - Keeping Children Safe Online](#)



Further resources can be found on the Staying Safe Online page of our website. [Link to Staying Safe Online](#)

Mindfulness and Wellbeing

If the current news on coronavirus (COVID-19) is making you or your child feel anxious, concerned or stressed, the following links offer sources of advice and support for everyone:

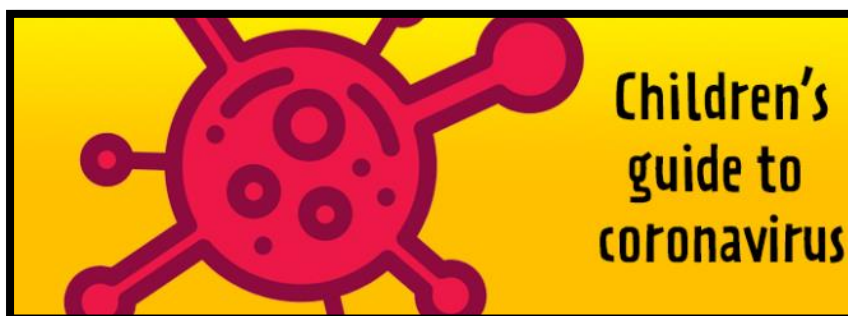
[NHS - Mental wellbeing while staying at home](#)

[Young Minds – What to do if you're anxious about coronavirus](#)

[Public Health England - Advice for parents/carers on supporting children](#)

every mind matters

Explaining Coronavirus



There have been big changes in our lives because of coronavirus, so the Children's Commissioner has created a 'children's guide to coronavirus'

to help explain the situation. The guide aims to answer children's questions about coronavirus, tell children how to stay safe and protect other people and how to help them make the best of their time at home. [A link](#) to the guide can be found on the Coronavirus information page of our school website or by clicking the image above.