

Tips for choosing options

What interests you?

Read through the following table and write down how many of the activities in each category appeal to you.

A	<ul style="list-style-type: none">• Building things• Being active and working outdoors• Making and fixing things• Using tools and machines• Solving problems	Number of activities that interest you =
B	<ul style="list-style-type: none">• Designing and displaying things• Being on television• Writing a book• Playing in a band• Doing a makeover	Number of activities that interest you =
C	<ul style="list-style-type: none">• Helping people• Sorting out arguments• Showing people what to do• Looking after people• Doing voluntary work	Number of activities that interest you =
D	<ul style="list-style-type: none">• Finding out how things work• Doing experiments• Researching and testing ideas• Designing a new computer game• Doing calculations	Number of activities that interest you =
E	<ul style="list-style-type: none">• Organising parties and other social events• Buying and selling things• Running a business• Entering competitions• Campaigning for change	Number of activities that interest you =
F	<ul style="list-style-type: none">• Making plans• Using a computer and calculator• Arranging things over the phone• Putting CDs/DVDs into the right order• Organising your money	Number of activities that interest you =

SUGGESTIONS BASED ON YOUR ANSWERS!!!

<p>Mostly As: You seem to like practical work. Look for options where you can use practical skills, do something active and work on different types of projects.</p>	<p>Subject ideas: Resistant Materials, Design and technology, Food technology, PE.</p>
<p>Mostly Bs: You sound creative. Look for options where you can express yourself and work on new ideas.</p>	<p>Subject Ideas: Art, Creative and media, Food Technology, Music, Textiles</p>
<p>Mostly Cs: You seem to be a social person. Look for options where you can find out more about people and how society works.</p>	<p>Subject Ideas: Geography, Health and social care, History, Languages, RE, Travel and tourism</p>
<p>Mostly Ds: It seems you like to investigate things. Look for options where you can use your number and thinking skills to find out more about why things are the way they are.</p>	<p>Subject Ideas: Biology, Chemistry, Geography, History, Maths, Physics</p>
<p>Mostly Es: You sound like an enterprising person. Looks for options where you can use your energy, communication, number and thinking skills to test your ideas about how to improve the world.</p>	<p>Subject Ideas: Business studies, IT, Languages</p>
<p>Mostly Fs: Being well organised seems important to you. Look for options where you can use your planning, communication and computing skills to find out more about the systems and structures that keep the world working properly.</p>	<p>Subject Ideas: Business, History, Food Technology, ICT, Travel and tourism</p>

Curriculum Choices Checklist

Below are a few ideas of things that you can do to help you make informed decisions.

Things To Research	To Do	Done
Read all the options information school gives you.		
Check which subjects are compulsory – The ones you have to do.		
Talk to teachers to see if they think that it is a good idea for your to do their course.		
Talk to people who are taking the courses that interest you.		
Talk to your parents/carers and find out which options they think you should do and why.		
Go with your parents to information and other events e.g. taster activities to see what an option would really be like		
Look up careers which interest you to find out which subjects, qualifications and grades you will need.		
Find out what Apprenticeships could offer you after Year Eleven – see www.apprenticeships.org.uk		
Speak to your careers teacher (Miss Pestell) or our careers adviser (Mandy Wood) about your option choices and career ideas		