

Examination PE

Examination Board: EDEXCEL

Contact: Mr R Atherton



Entry Requirements:

Pupils should have a keen interest in achieving outstanding performances in a range of PE activities and wish to develop an in-depth knowledge of sport, performance and how the body works.

Course Aims:

Examination courses consist of practical activities and theoretical aspects of physical activity. In Year 9, all pupils will cover the content and skills that are common to both **GCSE PE** and **BTEC PE**. Both qualifications are equivalent in terms of progression to further study. However, the way in which they are assessed differs and some of the content/skills are also different in the second and third years of the course. At the end of Year 9, pupils will pursue the course that is most suited to their preferred learning style and which will ensure they achieve the best possible outcome at the end of Year 11.

Course Descriptions:

Both courses aim to enable pupils to become physically competent through being actively engaged in a range of physical activities and become increasingly effective in their performance in different types of physical activity.

GCSE PE: Assessment is broken down into the following components:

Fitness and Body Systems (Examination 36%), Health and Performance (Examination 24%), Practical Component (3 sporting activities 30%) and Personal Exercise Programme (Written Coursework 10%)

BTEC PE: Pupils complete three mandatory units — Fitness for Sport and Exercise, Applying the Principles of Personal Training and Practical Sports Performance. Pupils then choose one optional unit to complete — The Mind and Sports Performance, The Sports Performer in Action or Leading Sports Activities .

How will I learn?

A qualification in Physical Education will equip pupils with the knowledge, understanding, skills and values they need to be able to develop and maintain their performance in physical activities. Pupils will also gain understanding of how physical activities benefit health, fitness and well-being.

Possible Career Pathways:

A qualification in Physical Education could lead to career opportunities in the following areas: Teacher, physiotherapist, coach, fitness instructor, grounds man, sports journalist, sports commentator, dietician, chiroprapist, referee or umpire, sports retailing and professional sportsperson.