

OCTOBER HALF-TERM ONLINE EMPLOYABILITY SKILLS TRAINING OFFER RELEVANT TO ALL SECONDARY SCHOOL AND 6TH FORM GROUPS

At BOOST we're passionate about supporting young adults at school or college and those already in the workplace who are seeking to fulfil their potential across:

- Social interaction
- Sport
- Work experience / placement
- Application and interview preparation
- Entrance exams, GCSE's and A Levels
- Part-time and full-time work



We deliver soft skills training across a multitude of skills, all designed to give the student more confidence and become more employable. We know that employers value soft skills because research shows they can be just as important an indicator of performance as hard skills.

Employers seek more than academic achievements with more importance being placed on soft skills – personal attributes that enable you to interact well with other people. The development of soft skills creates a different balance and it's arguable that they're then more able to create coping strategies when dealing with the stress and pressures of key examinations, the work environment and life generally, leading to improved well-being and mental health.

The objectives of the online delivery are to:

1. understand the definitions of a soft/employability skill or a range of soft/employability skills
2. explore each skill in detail, answering "what does good look like"?
3. consider what it all means for "me" and what "I" might want to do differently in future

Mon 26th	Introduction to soft skills - why are employability skills so important?
Tues 27th	Why do I need to be well organised?
Weds 28th	How can I become more self-motivated?
Thurs 29th	Why do I need to be a good at solving problems?
Fri 30th	Why does me being positive make a difference?👉

These dates are in October. All training sessions start at 2.00pm and last for upto 60 mins.

£3 FOR THE WEEK / 5 SESSIONS / 4.5 – 5.0 HOURS

What do our students say?



1. EMAIL boostlifefskills@hotmail.com TO REGISTER FOR TRAINING
2. PAY ONLINE TO BOOST LIFE SKILLS: SC 09-01-29, ACC 41441664
3. RECEIVE INVITE TO ZOOM MEETING FOR YOUR TRAINING
4. RECEIVE 1 PAGE PDF SUMMARY EACH DAY ON SKILL TRAINED