



# Personal Development

A curriculum for life



Career Interviews

Study skills:  
how do I revise?

How can I prepare for adult responsibilities

Interview tips, CV writing and work experience

Blood Donation  
Organ Donation  
Cancer Care  
Pregnancy Choices  
Reproductive Health  
Parenting

Year  
**11**

What does it mean to live in a democracy?



Year  
**10**

Transferable Skills

Finances  
Gambling  
Democracy  
Domestic Violence  
Voting  
Sex

Labour Market Information

How can I use money wisely?

What happens in a general election?

What does it mean to be in a healthy relationship?

What do I need to know before starting an adult relationship?

How can drugs affect me?

What does it mean to be British?

What are my rights and responsibilities?

Human Rights  
Extremism  
Drugs  
First Aid  
Contraception  
STIs

Year  
**9**



Decision Making

What does it mean to be a citizen in the UK?

How can teenage pressures affect my mental health?

Why is the law important to me?

What does it mean to be safe online?

e-Safety  
Law  
Crime  
Body Image  
Local Council  
CPR

Year  
**8**



Who am I? What is work?

How can I stay safe this Summer?

What does it mean to be discriminated against?

How can I look after myself as my body changes?

What does it mean to be a VB student?

Friendships  
Puberty  
Hygiene  
Consent  
Anti-discrimination  
Safety Outside

Year  
**7**

