

ANTI-BULLYING WEEK 2022 SECONDARY LESSON HANDOUT



#ANTIBULLYINGWEEK

Case study activity – Identify the roles involved in bullying

There is the **'target'** and this is the person the bullying is aimed at.



TARGET

There is the **'ringleader'**, and this is the person who is initiating or leading the bullying. They might even be telling other people to join in.



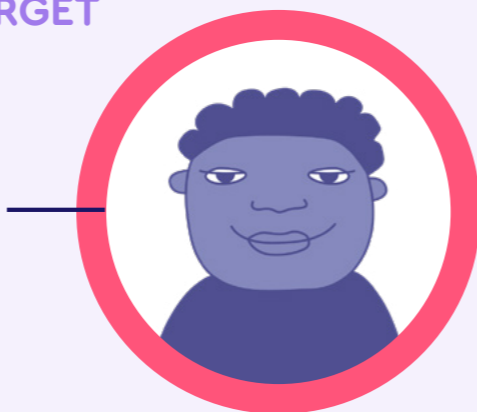
RINGLEADER

The **'reinforcer'** is someone who doesn't 'do' any bullying themselves but supports the bullying behaviour by standing by the ringleader and assistants, laughing along and encouraging the behaviour to continue.



REINFORCER

There is also the **'defender'**, and that doesn't always mean actively standing up to the ones doing the bullying – it could also mean telling a trusted adult what they have seen or even just asking the target if they are ok.



DEFENDER

The **'assistant'** is someone who is involved in 'doing' the bullying behaviour led by the ringleader, and might be actively doing the name calling or whatever the bullying might be.



ASSISTANT



OUTSIDER

You also have the **'outsider'** or **'bystander'** role. This is someone who is either unaware of the bullying happening, or is choosing to ignore it and not involve themselves at all.



#ANTIBULLYINGWEEK



ORGANISER

© National Children's Bureau - Registered charity No. 258825. Registered in England and Wales No. 952717. Registered office: 23 Mentmore Terrace, London E8 3PN. A Company Limited by Guarantee.

SCENARIO 1

Every time Rhys goes onto the field at break time, a group of girls follow him around and are unkind to him. Two of them shout names, and the rest of them watch and laugh along.

Which role do they play? E.g. outsider, target, reinforcer, ringleader, assistant, defender

Rhys: _____

Two girls: _____

Other girls: _____

Other children on field: _____

How could they reach out?

Rhys: _____

Two girls: _____

Other girls: _____

Other children on field: _____



SCENARIO 2

Whenever Janai joins an online game on her PlayStation with her classmates, Dylan always gets other children to leave the game and start a new one without her.

Which role do they play? E.g. outsider, target, reinforcer, ringleader, assistant, defender

Janai: _____

Dylan: _____

Other children: _____

How could they reach out?

Janai: _____

Dylan: _____

Other children: _____



SCENARIO 3

Jac is telling Sofia to spread nasty rumours about Amelia in a WhatsApp group and during lessons

Which role do they play? E.g. outsider, target, reinforcer, ringleader, assistant, defender

Jac: _____

Sofia: _____

Amelia: _____

Other children in WhatsApp group: _____

Other children in class: _____

How could they reach out?

Jac: _____

Sofia: _____

Amelia: _____

Other children in WhatsApp group: _____

Other children in class: _____

